

Headteacher's Message

As we reach the end of the penultimate week, I realise things are getting more complicated! The children and staff have worked so hard on their Christmas performances and we are very excited to perform them next week (with the usual hiccups along the way I'm sure!) We have been closely following the local and national guidance and we are confident that we are able to go ahead with our performances next week. The community centre is large enough for us to spread out, and we are limiting numbers to 2 adults per family. The advice is that you test before coming, and we ask you wear masks to your seats, but you can remove them if you wish once seated as we feel it is important for the children to see your smiles! Raffle tickets will be on sale so don't forget to bring your pound coins.

This week children have been finishing their crafts to sell at the market next Wednesday. We will be holding the event in the playground (weather depending) from 2.45 to 3.30 and children will be responsible for collecting the money and handing over the goods on their stalls. We will be asking for a few children to volunteer to run the stalls between 3.15 and 3.30 as obviously this is after school. All the money collected will go to FOSS.

Aire class enjoyed their trip to the church yesterday, they were wonderfully behaved and were very interested in finding out about the story behind the Christian festival of Christmas.

Aire, Brisons and Longships had a great session at Forest School this week. I am always so impressed with their ability to show resilience and teamwork during their sessions, as well as hearing their laughter — it is by far the best part of my week.

Next week we have lots of Christmas fun and the last of Longships' Forest School session for the year. Please see the 'important dates' section for a complete breakdown! We have decided to only do Football after school club on Wednesday as Mrs Done and I will be at forest school on Thursday and may be back slightly late.

In Spring 1, our outdoor learning will look as follows:

Aire—weekly Forest School sessions on site

Brisons—Fortnightly Forest School sessions alternated with swimming in Penzance

Cowloe—weekly Forest School sessions at Higher Keigwin Farm

Longships will be seizing opportunities when they can to use our facilities on site

As the weather allows, we will continue to give our KS1 children access to outside so please make sure they have wellies in school.

Thank you all for your support over the last term, we have been very lucky to have very minimal disruption and this has been thanks to your vigilance and proactivity. We are very much looking forward to a lovely last week of term.

Have a great weekend!

Nichola Smith

Contact information



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Important dates:

Monday 13th

Aire & Brisons performance 1.30

Tuesday 15th

Longships Performance - 1pm

Cowloe Performance - 2pm (these have been separated out to allow for more social distancing)

Wednesday 15th

Aire class Christmas party

Brisons, Longships & Cowloe PE

Outdoor market in playground selling Christmas goodies & raffle draw for hampers 2.45 - 3.30

Thursday 16th—no clubs

Non uniform - Xmas / festive dress optional

School Christmas Dinner

Longships Forest School Christmas party

Cowloe Party

Friday 17th

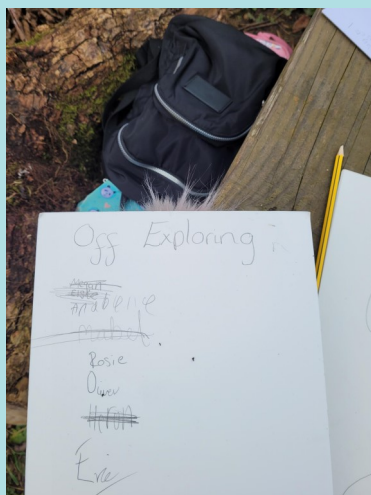
Non uniform - Xmas festive dress optional

Brisons Christmas Party am

End of term 1.30 finish



A few lovely pictures taken this week.



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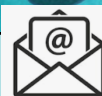
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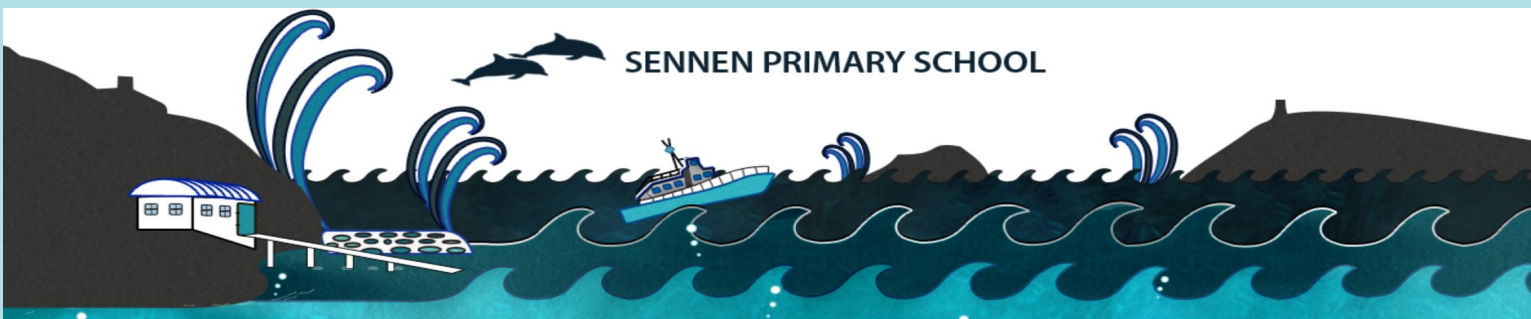
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Important notices

- ⇒ PE days will be WEDNESDAY and FRIDAY, please come in your kit for those days.
- ⇒ Free Fruit is still available each day.



SENKEN PRIMARY SCHOOL

Time to Move holiday club

Bookings are now open from 20th—23rd December at school. If your child is entitled to free school meals then the sessions are free, if they aren't then you can pay at the time of booking. It is a great way to keep them active and entertained in the run up to Christmas!



Fun activities for everyone varying from survival skills to nerf battles and every session includes a **FREE** festive meal for all children.

NEW for Christmas 2021 the Virtual Reality (VR) experience!

Activities taking place in: Camborne, Perranporth, Sennen, St Dennis and Biscovey

To book go to: <https://dtcoaching.co.uk/upcoming-events>

- Activities available for children aged 6 -14
- Free places for ALL children eligible for Free School Meals



Come and join us on:

Monday 20th December
Tuesday 21st December
Wednesday 22nd December
&
Thursday 23rd December

DT
COACHING SERVICES

Contact us:























Email: dtcoaching@gmail.com

Phone: 07773 444632










Lunch Menu

Children will be asked what they would like each day by their teacher. Children in year R—2 get infant free school meals and it is £2.34 for the rest of the school, other than for those pupils who have been awarded income based free school meals.

WEEK 1		W/C: 20/09 11/10 01/11 22/11 13/12 03/01 24/01 14/02 07/03 28/03	
HOT SPECIALS...		DAILY FAVES...	PICK A PUD!
MONDAY	Burrito   A soft wrap filled with lightly spiced veggies and rice Macaroni Cheese  Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Jacket Potatoes  A choice of hot and cold fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn Raspberry Ripple Ice Cream
TUESDAY	Allegra's Chicken Filo Pie with Mashed Potato A delicious light filo pastry topped chicken pie Allegra's BBQ Beans served with Cornbread   Tasty BBQ beans served with Cornbread	Jacket Potatoes  with salmon mayonnaise Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta	Peas and Broccoli Brownie
WEDNESDAY	Roast Chicken with Roast Potatoes & Gravy Succulent roast chicken with fluffy roasties and tasty gravy Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy   A chunky sweet potato and chickpea roast	Jacket Potatoes  A choice of hot and cold fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage Shortbread Biscuit with Fresh Cut Fruit Slices 
THURSDAY	Pasta Bolognese   A classic Italian beef bolognese in a yummy tomato sauce Butternut Squash and Tomato Bake with Rice  A delicious butternut squash and tomato bake served with rice	Jacket Potatoes  A choice of hot and cold fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Sweetcorn Berry & Peach Oaty Crumble with Custard 
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips Quorn Dippers and Chips Crispy Quorn Nuggets with their fav sauce - Ketchup	Jacket Potatoes  A choice of hot and cold fillings Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas Orange, Sultana & Cake Slice

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WEEK 2				
W/C: 06/09 27/09 18/10 08/11 29/11 10/01 31/01 14/03 04/04				
	HOT SPECIALS...	DAILY FAVES...	PICK A PUD!	
MONDAY	<p>Veggie Bolognese  </p> <p>Penne pasta in a yummy tomato and Quorn sauce</p> <p>.....</p> <p>Cheese and Tomato Pizza with Dough Balls  </p> <p>Cheesy tomato topped pizza slice</p>	<p>Jacket Potatoes </p> <p>A choice of hot and cold fillings</p> <p>.....</p> <p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>SIDES...</p> <p>Green Beans and Sweetcorn</p>	<p>Flapjack with Fruit Slices </p>
TUESDAY	<p>Allegra's Chicken Katsu with a Rice Side </p> <p>Yummy crispy Chicken Katsu with rice</p> <p>.....</p> <p>Allegra's Oodles of Noodles  </p> <p>Delicious noodles with tofu and veggies</p>	<p>Jacket Potatoes </p> <p>A choice of hot and cold fillings</p> <p>.....</p> <p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Broccoli and Peas</p>	<p>Peach Shortbread Pudding & Custard </p>
WEDNESDAY	<p>Roast Turkey with Roast Potatoes & Gravy</p> <p>Roast turkey with fluffy roasties and tasty gravy</p> <p>.....</p> <p>Creamy Vegetable Pie with Roast Potatoes and Gravy </p> <p>Creamy vegetable pie with a cheesy shortcrust topper</p>	<p>Jacket Potatoes </p> <p>A choice of hot and cold fillings</p> <p>.....</p> <p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Cabbage and Carrots</p>	<p>Raspberry Yoghurt Cake</p>
THURSDAY	<p>Cottage Pie  </p> <p>Home cooked minced beef with a crispy potato topping</p> <p>.....</p> <p>Mild Chickpea and Potato Curry   </p> <p>served with Wholemeal Rice</p>	<p>Jacket Potatoes </p> <p>A choice of hot and cold fillings</p> <p>.....</p> <p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Green Beans and Sweetcorn</p>	<p>Fruity Chocolate Brownie</p>
FRIDAY	<p>Golden Fish Fingers and Chips</p> <p>Crispy fish fingers with scrummy chips</p> <p>.....</p> <p>Tomato Veggie Burger with Chips </p> <p>A delicious homemade veggie burger</p>	<p>Jacket Potatoes </p> <p>A choice of hot and cold fillings</p> <p>.....</p> <p>Tomato Pasta  </p> <p>Fresh, homemade tomato and basil sauce with penne pasta</p>	<p>Peas and Baked Beans</p>	<p>Vanilla Ice-Cream</p>

Lunch Menu

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		WEEK 3	
		W/C: 13/09 04/10 15/11 06/12 17/01 07/02 28/02 21/03	
MONDAY	HOT SPECIALS...	DAILY FAVES...	PICK A PUDDING!
	Macaroni Cheese Cheesy Macaroni Pasta Veggie Sausage and Mash with Gravy Fluffy mash with veggie sausages and rich gravy	Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	SIDES... Peas and Carrots PICK A PUDDING! Oatie Biscuit with Fruit Slices
	Allegra's Garlicky Chicken and Spanishy Spuds Garlic seasoned chicken served with spanish style potatoes Allegra's Cheesy Peasy Risotto Bake A delicious baked cheesy, pea rissoto	Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Sweetcorn and Broccoli Apple and Carrot Yoghurt Muffin
	Roast Pork with Roast Potatoes & Gravy Roast pork with fluffy roasties and tasty gravy Meat-free Roast with Roast Potatoes and Gravy Delicious Quorn roast with fluffy roasties and tasty gravy	Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage Strawberry Ice Cream
	Cornish Steak Pasty with Potato Wedges Steak pasty with potato wedges Veggie Lasagne served with a Bread Wedge Delicious sheets of pasta layered with veggies and tomato sauce	Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn Chocolate Sponge Cake
FRIDAY	Southern Fried Chicken Tasters with Chips Lightly seasoned crispy chicken strips and scrummy chips Soft Taco and Chips A soft taco shell filled with a yummy veggie tomato chilli	Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas Crispy Snow Bar

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Lunch Menu

Vegan - Week 1 - Mains

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Burrito (V) NO CHEESE IN BURRITO	Allegra's BBQ Beans (V) With Potato Wedges NO CORNBREAD	SD Sweet Potato and Chickpea Roast 93165175 with Roast Potatoes and SD Gravy 93132538	SD Butternut Squash and Tomato Bake with Rice (V) ** 93166601 NO BREADCRUMBS ON TOP	Vegetables Nuggets VMC 3732 and Chips
Jacket Potato	Jacket Potato With Baked Beans NO CHEESE OR TUNA MAYO				
Pasta	SD Tomato Pasta 93171286				
Vegetables	Green Beans Sweetcorn	Peas Broccoli	Carrots Cabbage	Broccoli Sweetcorn	Baked Beans Peas
Desserts	Raspberry Smoothie 93166798	SD Chocolate Crispie 93158451	Shortbread Biscuit with Fruit Slices*	Berry & Peach Oaty Crumble* With Rice Milk Custard 93166606	Orange, Sultana & Carrot Crispie 93177935

Lunch Menu

Vegan - Week 2 - Mains

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Vegan Cheese and Tomato Pizza ** 93170278 with Dough Balls (V)	Jacket Potato With Baked Beans	Vegetable Pie (V) with Roast Potatoes and SD Gravy 93132538	Mild Chickpea and Potato Curry (V) with Rice **	Tomato Veggie Burger NO MAYO IN BURGER with Chips (V)
Jacket Potato	Jacket Potato With Baked Beans NO CHEESE OR TUNA MAYO				
Pasta	SD Tomato Pasta 93171286				
Vegetables	Green Beans Sweetcorn	Peas Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas
Desserts	Flapjack with Fruit Slices*	Peach Shortbread Pudding* With Rice Milk Custard 93166606	SD Berry Crispie 93158452	SD Chocolate Crispie 93158451	Orange and Mango Smoothie 93199797

Cool Water, Fresh Fruit, Freshly Baked Bread available daily

*Fruit Based **Wholegrain

SD = SPECIAL DIET RECIPE



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<div>Lunch Menu</div> <div>Vegan - Week 3 - Mains</div>					
	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Vegetable Nuggets VMC 3732 with SD Mashed Potato 93165179 And SD Gravy (V) 93132538	SD Easy Peasy Risotto Bake (V) 93177963	SD Sweet Potato and Chickpea Roast 93165175 with Roast Potatoes And SD Gravy 93132538	SD Tomato Pasta 93171286	SD Mexican Tomato Lentil Taco 93170475 with Chips
Jacket Potato	Jacket Potato With Baked Beans NO CHEESE OR TUNA MAYO				
Pasta	SD Tomato Pasta 93171286				
Vegetables	Peas Carrots	Sweetcorn Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas
Desserts	Oatie Biscuit with Fruit Slices*	Flapjack with Apple Slices*	Raspberry Smoothie 93166798	SD Chocolate Crispie 93158451	Orange and Mango Smoothie 93199797
Cool Water, Fresh Fruit, Freshly Baked Bread available daily *Fruit Based **Wholegrain SD = SPECIAL DIET RECIPE					