

Primary Lunch Menu Vegan Autumn 2021



Lunch Menu

Vegan - Week 1 - Mains

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Burrito (V) NO CHEESE IN BURRITO	Allegra's BBQ Beans (V) <i>With Potato Wedges</i> NO CORNBREAD	SD Sweet Potato and Chickpea Roast 93165175 <i>with Roast Potatoes and SD Gravy</i> 93132538	SD Butternut Squash and Tomato Bake with Rice (V) ** 93166601 NO BREADCRUMBS ON TOP	Vegetables Nuggets VMC 3732 <i>and Chips</i>
Jacket Potato	Jacket Potato With Baked Beans NO CHEESE OR TUNA MAYO				
Pasta	SD Tomato Pasta 93171286				
Vegetables	Green Beans Sweetcorn	Peas Broccoli	Carrots Cabbage	Broccoli Sweetcorn	Baked Beans Peas
Desserts	Raspberry Smoothie 93166798	SD Chocolate Crispie 93158451	Shortbread Biscuit <i>with Fruit Slices*</i>	Berry & Peach Oaty Crumble* <i>With Rice Milk Custard</i> 93166606	Orange, Sultana & Carrot Crispie 93177935
Cool Water, Fresh Fruit, Freshly Baked Bread available daily *Fruit Based **Wholegrain SD = SPECIAL DIET RECIPE					

Lunch Menu

Vegan - Week 2 - Mains

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Vegan Cheese and Tomato Pizza ** 93170278 with Dough Balls (V)	Jacket Potato With Baked Beans	Vegetable Pie (V) with Roast Potatoes and SD Gravy 93132538	Mild Chickpea and Potato Curry (V) with Rice **	Tomato Veggie Burger NO MAYO IN BURGER with Chips (V)
Jacket Potato	Jacket Potato With Baked Beans NO CHEESE OR TUNA MAYO				
Pasta	SD Tomato Pasta 93171286				
Vegetables	Green Beans Sweetcorn	Peas Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas
Desserts	Flapjack with Fruit Slices*	Peach Shortbread Pudding* With Rice Milk Custard 93166606	SD Berry Crispie 93158452	SD Chocolate Crispie 93158451	Orange and Mango Smoothie 93199797
Cool Water, Fresh Fruit, Freshly Baked Bread available daily *Fruit Based **Wholegrain SD = SPECIAL DIET RECIPE					

Lunch Menu

Vegan - Week 3 - Mains



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Vegetable Nuggets VMC 3732 with SD Mashed Potato 93165179 And SD Gravy (V) 93132538	SD Easy Peasy Risotto Bake (V) 93177963	SD Sweet Potato and Chickpea Roast 93165175 with Roast Potatoes And SD Gravy 93132538	SD Tomato Pasta 93171286	SD Mexican Tomato Lentil Taco 93170475 with Chips
Jacket Potato	Jacket Potato With Baked Beans NO CHEESE OR TUNA MAYO				
Pasta	SD Tomato Pasta 93171286				
Vegetables	Peas Carrots	Sweetcorn Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas
Desserts	Oatie Biscuit with Fruit Slices*	Flapjack with Apple Slices*	Raspberry Smoothie 93166798	SD Chocolate Crispie 93158451	Orange and Mango Smoothie 93199797
Cool Water, Fresh Fruit, Freshly Baked Bread available daily *Fruit Based **Wholegrain SD = SPECIAL DIET RECIPE					

