



## Head teacher's Message

This week we have seen a return to some normality, with most children now being back in school. We wish the few remaining children a speedy recovery and can't wait to have them back in with us next week. We have remained fairly well staffed and have been able to remain open which has been a relief.



One upside of having staff off unwell has been that I was able to spend a lot of time teaching down in Aire class. I thoroughly enjoyed getting to know them all better, they have made me laugh all week!

The children have worked so hard this week on their topics and are really enjoying their new learning. Longships have been very lucky this week to have had 2 visit from the Cornwall

Marine and Coastal Code group and The Cornish Seal Sanctuary. They brought lots of interesting finds from our local environment which the children loved looking at. We want to thank both groups for giving up their free time to support the children. The details for one of the groups can be found at the bottom of this newsletter.

On Thursday, Mrs Done and I took some of our High Five net-ball group to Penwith College to play against some other schools. This is our first competitive match in over 2 years and the team were absolutely amazing. They were kind and friendly, but there was quickly a fire lit in their bellies and they played passionately. We can't wait for the next one!



**Parent's evening**—Thank you so much to those who came along to find out about their children's progress and look through their work. If you have not yet been able to have an appointment, we will be putting on a separate evening on Wednesday 23rd March. There will be a booking form out from Monday.



We are hoping to begin a whole school project early on in the summer term. This will be inspired by our workshops on plastics pollution on 29th March. It will involve different aspects of creativity and we are hoping to produce some long lasting pieces that we can display around the school. In preparation for this project, could you please start collecting plastic bottle tops (any kind and colour). There will be a collection tub in the entrance hall for them. We will let you know more about the project once the workshops have taken place.

## Contact information

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## Important dates:

- 23.3.22—Extra parent's evening
- 29.3.22—plastics workshops—whole school
- 7.4.22—whole school show—The Kiss That Missed
- 8.4.22—End of term 4—1.30 finish

### Ukraine appeal

We have had some enquiries about whether we will be holding a collection point for aid items to send to the Ukraine. Some of the items are not really appropriate to collect in a school setting, plus we are a little short on space, but we have liaised with the community centre and they are doing a collection on Friday mornings only. We are happy to collect contributions on Friday morning and take them over to the Community centre at the correct time. We are unable to accept items earlier than Friday as we are unable to store them safely away from the children. Items that are currently being requested by the relevant agencies are pain killers, burn creams and first aid kits, foil blankets, wet wipes, sterile dressings, nappies tampons, dried milk, general toiletries and very specific clothes such as good base layers. No general clothing please.

### PE for next week

Wednesday—Swimming for Aire

Thurs—PE for Brisons, Longships & Cowloe

Friday—PE for Cowloe, swimming for Longships, Brisons & Aire at Forest School

### Clubs (3.15—4.15):

Tuesday—Running Club KS2 (until 4pm)

Thursday—High five netball KS2, Football KS1

Have a great weekend!

### Recommended read

I want to start adding a recommended read to our newsletters.

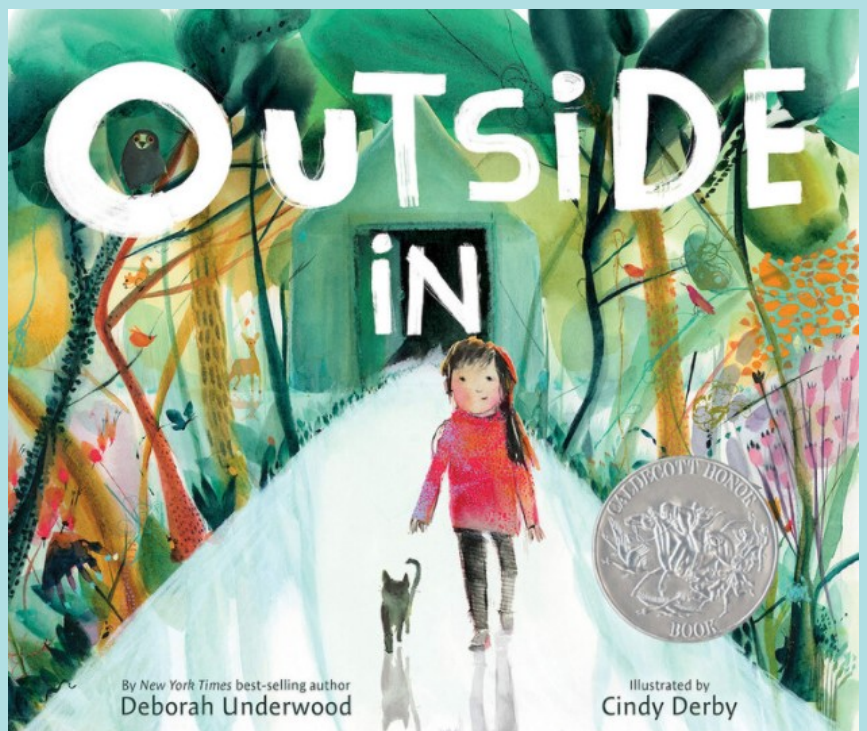
I am going to start this with this wonderful book.

The blurb on the back states:

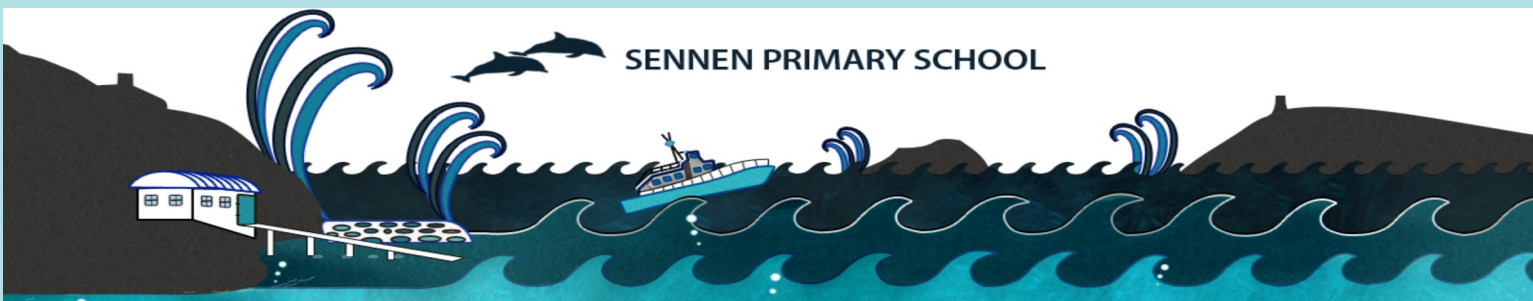
‘Outside is waiting, the most patient playmate of all. The most generous friend. The most miraculous inventor.’

With the wonderful sunshine we have had this week, this book was a great reminder of the importance of being out in nature, and made me look forward to the start of beach school!

This book will be in school next week in our playground library for the children to read.







Comic Relief— Thank you so much for sending in contributions to Comic relief and the Ukraine appeal. We will count it up over the weekend and let you know how much has been raised!



### Important notices

- ⇒ A lot of children have expressed an interest in signing up for music lessons. The link is: <https://www.cornwallmusicservicetrust.org/>. You can specify if you are entitled to Pupil Premium discount.
- ⇒ PE days will be THURSDAY and FRIDAY, please come in your kit for those days. For a link to the correct uniform, please visit our policies page <http://www.sennen.cornwall.sch.uk/website/policies/399342>
- ⇒ Children are allowed a healthy snack for breaktimes, as well as access to the fruit from the shed. We are asking them to save crisps etc until lunch time. For ideas for healthy snacks please visit

<https://www.nutrition.org.uk/healthyliving/helpingyoueatwell/healthypackedlunches.html?start=3>

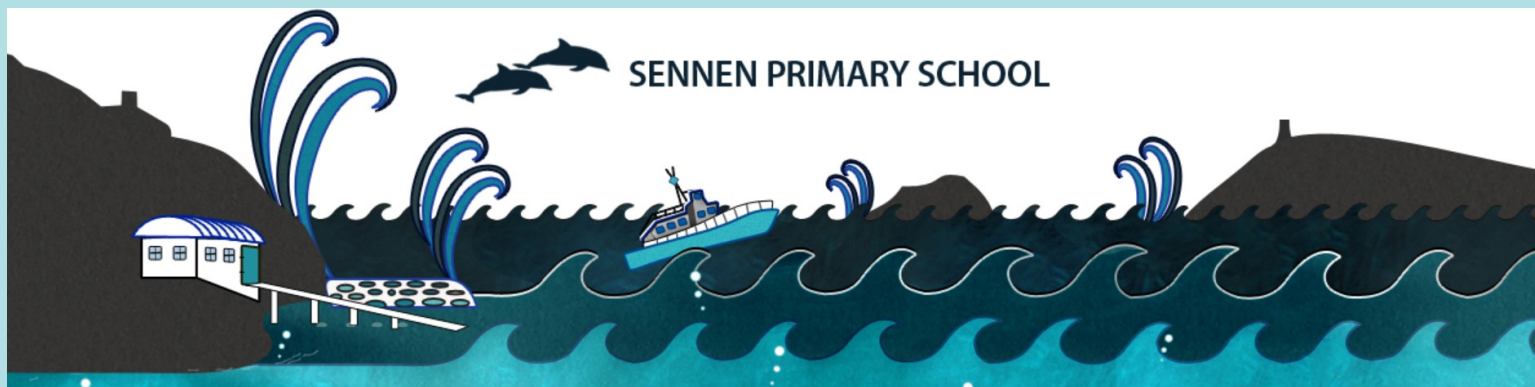
<https://www.nhs.uk/change4life/food-facts/healthier-snacks-for-kids>

- ⇒ Clubs currently on offer: Running club - Years 3-6

Thursday Years 3-6—High five netball

Thursday years football (alternating weeks for each Key Stage)





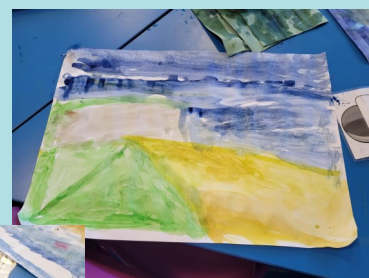
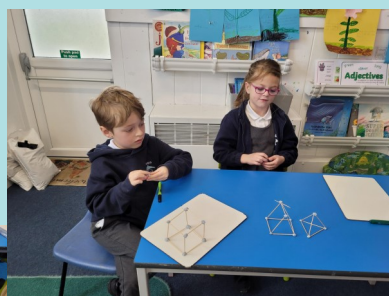
### Aire class round up

The children have wowed us with their super skills these last few weeks - phonics, number and cooperative play! In English, they have focused on The Tiny Seed and Jack and the Beanstalk. They have drawn and written about giants and castles. They have germinated their own beanstalks and have been keenly observing their development. They have learnt how Eric Carle (author of the Tiny Seed) creates his book illustrations and have created their own collage paintings in a similar style. We have seen some super writing especially in the children's letters to their French penpals. They enjoyed a trip to the post office to send these and to find out about how posting mail actually works.

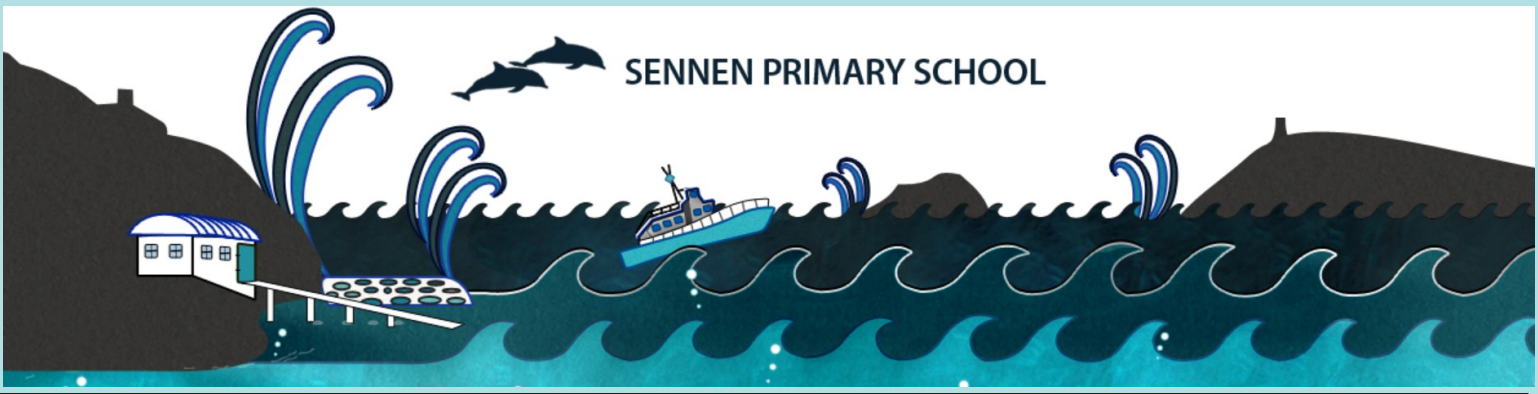


### Brisons class round up

Another wonderful week for Brisons! They have all really worked hard on their new units of maths and it's lovely to see them having so much fun. We managed to get outside this week because of the beautiful sun shine, so we have planted our seeds and had lots of lovely conversations about what they need to grow and how we will care for them. In art, we looked at the impressionist work of Renoir and then experimented with watercolours, laying down our first lot of colour on our watercolour landscapes. All in all it's been a great week and it is lovely to see nearly the whole class back together again.







### Longships class round up

Recently we have been working with Sue Sayer from Cornwall Seal Trust Research Trust and Connie & Andrew who volunteer for several marine based groups such as BDMLR amongst others. We loved finding out about some of the different species in our local environment & discovering how we can help them. We have begun planning an information text to share all that we have learned and are hoping to share this with our visitors.

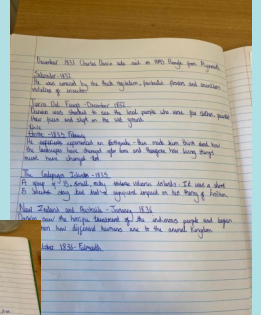
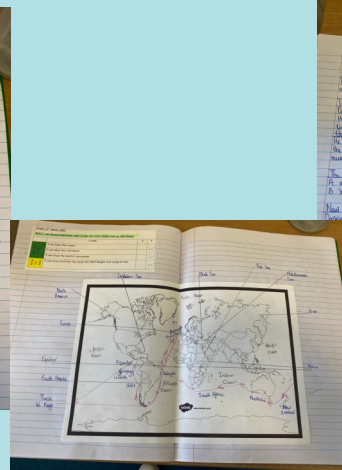
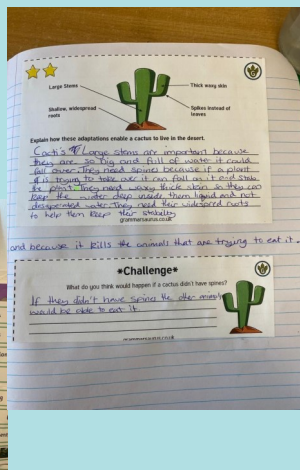
We have also loved exploring electrical circuits by investigating conductors and insulators. We were amazed to find that graphite from a pencil was also a conductor even though it isn't a metal.

Our weekly ukulele lessons are also going well in which we are learning about tempo and have loved singing and playing many fun songs.



### Cowloe class round up





















It has been a strange couple of weeks but it's lovely to have nearly everyone back now! We have been working hard on our biography writing on the life of Charles Darwin and we are learning so much about his travels on HMS Beagle and what he discovered. We have used atlases to plot his journey and learnt what he discovered at each destination. In Science we have learnt how plants, in particular the cactus and water lily, have evolved over time and begun to understand the term survival of the fittest. The children also learnt some very important first aid skills this week and know how to help someone who may be choking. I was very impressed with how seriously they took this and hopefully now they will think about how they can avoid choking by sitting whilst eating and not guzzling their food!





## Lunch Menu

Children will be asked what they would like each day by their teacher. Children in year R—2 get infant free school meals and it is £2.34 for the rest of the school, other than for those pupils who have been awarded income based free school meals.

		W/C: 13/09 04/10 15/11 06/12 17/01 07/02 28/02 21/03		
HOT SPECIALS...		WEEK 3		
MONDAY	Macaroni Cheese Cheesy Macaroni Pasta ..... Veggie Sausage and Mash with Gravy  Fluffy mash with veggie sausages and rich gravy	Jacket Potatoes  A choice of hot and cold fillings ..... Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta	SIDES... Peas and Carrots	PICK A PUDD! Oatie Biscuit with Fruit Slices
	Allegra's Garlicky Chicken and Spanishy Spuds  Garlic seasoned chicken served with spanish style potatoes ..... Allegra's Cheesy Peasy Risotto Bake  A delicious baked cheesy, pea rissoto	Jacket Potatoes  A choice of hot and cold fillings ..... Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta	Sweetcorn and Broccoli	Apple and Carrot Yoghurt Muffin 
	Roast Pork with Roast Potatoes & Gravy Roast pork with fluffy roasties and tasty gravy ..... Meat-free Roast with Roast Potatoes and Gravy  Delicious Quorn roast with fluffy roasties and tasty gravy	Jacket Potatoes  A choice of hot and cold fillings ..... Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Strawberry Ice Cream
	Cornish Steak Pasty with Potato Wedges Steak pasty with potato wedges ..... Veggie Lasagne served with a Bread Wedge   Delicious sheets of pasta layered with veggies and tomato sauce	Jacket Potatoes  A choice of hot and cold fillings ..... Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Chocolate Sponge Cake
	Southern Fried Chicken Tasters with Chips Lightly seasoned crispy chicken strips and scrummy chips ..... Soft Taco and Chips   A soft taco shell filled with a yummy veggie tomato chilli	Jacket Potatoes  A choice of hot and cold fillings ..... Tomato Pasta  Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas	Crispy Snow Bar



## Lunch Menu

### Vegan - Week 1 - Mains

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Burrito (V) <b>NO CHEESE IN BURRITO</b>	Allegra's BBQ Beans (V) With Potato Wedges <b>NO CORNBREAD</b>	SD Sweet Potato and Chickpea Roast 93165175 with Roast Potatoes and SD Gravy 93132538	SD Butternut Squash and Tomato Bake with Rice (V) ** 93166601 <b>NO BREADCRUMBS ON TOP</b>	Vegetables Nuggets <b>VMC 3732</b> and Chips
Jacket Potato	Jacket Potato With Baked Beans <b>NO CHEESE OR TUNA MAYO</b>				
Pasta	SD Tomato Pasta 93171286				
Vegetables	Green Beans Sweetcorn	Peas Broccoli	Carrots Cabbage	Broccoli Sweetcorn	Baked Beans Peas
Desserts	Raspberry Smoothie 93166798	SD Chocolate Crispie 93158451	Shortbread Biscuit with Fruit Slices*	Berry & Peach Oaty Crumble* With Rice Milk Custard 93166606	Orange, Sultana & Carrot Crispie 93177935
Cool Water, Fresh Fruit, Freshly Baked Bread available daily *Fruit Based **Wholegrain <b>SD = SPECIAL DIET RECIPE</b>					

## Lunch Menu

### Vegan - Week 2 - Mains

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Vegan Cheese and Tomato Pizza ** 93170278 with Dough Balls (V)	Jacket Potato With Baked Beans	Vegetable Pie (V) with Roast Potatoes and SD Gravy 93132538	Mild Chickpea and Potato Curry (V) with Rice **	Tomato Veggie Burger <b>NO MAYO IN BURGER</b> with Chips (V)
Jacket Potato	Jacket Potato With Baked Beans <b>NO CHEESE OR TUNA MAYO</b>				
Pasta	SD Tomato Pasta 93171286				
Vegetables	Green Beans Sweetcorn	Peas Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas
Desserts	Flapjack with Fruit Slices*	Peach Shortbread Pudding* With Rice Milk Custard 93166606	SD Berry Crispie 93158452	SD Chocolate Crispie 93158451	Orange and Mango Smoothie 93199797
Cool Water, Fresh Fruit, Freshly Baked Bread available daily *Fruit Based **Wholegrain <b>SD = SPECIAL DIET RECIPE</b>					



## Lunch Menu

### Vegan - Week 3 - Mains

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Vegetable Nuggets <b>VMC 3732</b> with SD Mashed Potato 93165179 And SD Gravy (V) 93132538	SD Easy Peasy Risotto Bake (V) 93177963	SD Sweet Potato and Chickpea Roast 93165175 with Roast Potatoes And SD Gravy 93132538	SD Tomato Pasta 93171286	SD Mexican Tomato Lentil Taco 93170475 with Chips
Jacket Potato	Jacket Potato With Baked Beans <b>NO CHEESE OR TUNA MAYO</b>				
Pasta	SD Tomato Pasta 93171286				
Vegetables	Peas Carrots	Sweetcorn Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas
Desserts	Oatie Biscuit with Fruit Slices*	Flapjack with Apple Slices*	Raspberry Smoothie 93166798	SD Chocolate Crispie 93158451	Orange and Mango Smoothie 93199797
Cool Water, Fresh Fruit, Freshly Baked Bread available daily *Fruit Based **Wholegrain <b>SD = SPECIAL DIET RECIPE</b>					